

A man in a dark blue shirt and light blue shorts is surfing on a white wave. The background shows a tropical beach with many palm trees under a clear blue sky. A large white diagonal shape is on the left side of the image, containing text.

RESORT ACTIVITIES

Explore the diversions available within and nearby our stunning resort to lure you away from the serenity of your accommodation.

Anantara Surf Centre by Tropicsurf

New to the surfing scene or a pro seeking the biggest swells? Sri Lanka is a paradise for novice, intermediate and advanced surfers. Learn the basics through our exclusive programmes with Tropicsurf or go on a road surfari to explore some of the finest surfing beaches with our expert guides. Surf season lasts all year long in Tangalle, with the biggest swells found between April and October. From November to March, smaller waves can be expected along with calmer conditions.

Water sport experiences conducted by Tropicsurf also includes stand-up paddle board lessons in calm sea conditions or venture out on an SUP excursion to view diverse wildlife up close in a lagoon.

Speak with our Surf Guru to discover the perfect programme to suit your needs.





Peace Haven Nature Walk

Explore rich biodiversity through a complimentary 1.5 hour scheduled walk around our Peace Haven grounds, guided by the Nature Guru. Whether it's the mangroves, coastal ecosystem, endangered turtles or organic farmland, our resort is surrounded by beautiful flora and fauna that we strive hard to protect.

Nurturing green spaces, sustaining local communities, and encouraging mental wellbeing form the key goals of our informative stroll through nature.

Private walks are also available for groups upon request.

Harvest Table by Anantara

A sprawling plot has been demarcated within our resort to grow our own rice, vegetables, herbs and spices. Enjoy a memorable organic culinary journey based on fresh sustainable ingredients, and the daily catch of the day. And we mean really fresh - menus are created depending on what's picked from our Anantara garden just before your dining experience.

Start with a guided stroll with our Chef through our organic garden and paddy fields to self-harvest your fresh seasonal produce while learning about our indigenous farming methods and health benefits of each ingredient. Select your sustainably caught fish for your main course as our fisherman arrives by boat through our mangrove river. Chef will prepare a wholesome four-course lunch in our custom-built traditional kitchen to be enjoyed in our rustic treehouse against the paddy field backdrop.

Please contact Guest Services Centre on Ext: 0 for more information





Catch Of The Day

Between 10.30 am to 11.00 am daily, a clanging bell will signal the arrival of a local fisherman at our resort shoreline with his catch of the day. Join our Chef in picking out the freshest fish to be prepared to your individual preference for your dinner at our award-winning Il Mare restaurant, perched on the cliff side with stunning ocean views.

Holistic Exercise

Reconnect with your natural flow through the power of yoga, meditation and stretching. Enjoy daily scheduled group classes at our yoga pavilion in the morning and evening overlooking the Indian Ocean or request for a private session in the privacy of your villa or on the beach. Enquire at Anantara Spa to discover how these holistic practices are also incorporated into their Ayurvedic wellness programmes.



Bicycle Tour

Set off to explore the beauty of our resort on bicycles. Marvel at the variety of wildlife in and around the gardens. Stop to converse with local farmers who tend to the organic garden and rice paddy field or find a spot to enjoy the sun, sea and sand.



Sundown Ceremony

The blowing of the "hak gediya" or conch shell heralds the start of a ceremonial sundown performance at 6.00 pm daily. The procession moves from the lobby onto a lower platform to the beat of Kandyan drums followed by graceful ladies. The fire pit is lit to pay tribute to the Sun God, worshipped in the olden days by farmers. The conch shell sounds a final time to conclude this majestic ceremony at our resort.

Please contact Guest Services Centre on Ext: 0 for more information



DINING BY DESIGN

Anantara's signature private dining concept offers the ultimate personalised romantic occasion, inviting you to choose from a collection of fine dining and dégustation menus. Collaborate with your personal Chef to fine-tune a menu that is tailored to your individual tastes and desires.

Your beautifully decorated table, which takes place in a choice of dream settings, is enhanced by the flawless service of a personal butler. Make your occasion sparkle with wine recommendations from our Wine Guru.

ANANTARA SPA

Embark upon spa journeys that draw on trusted indigenous therapies and from across Asia, as well as therapeutic Western pampering.

Calm your mind, body and soul as you experience relaxing spa treatments by therapists who are trained to the highest international standards. Consult with our Resident Ayurvedic Doctor for recommendations on ancient Ayurveda treatments and tailored wellness programmes that go beyond relaxation to offer holistic healing.

Please contact Anantara Spa on Ext: 8585 for more information





JOLI KIDS AND TEENS CLUB

Our dedicated kids and teens club offers complimentary supervised indoor and outdoor games, educational activities, creative fun, movies, a cosy nap area and a shaded playground for ages 4 years and above. Foosball, pool and table tennis tables are also available. Babysitting service is available for a fee and requires an advanced reservation.

Open daily from 10.00 am – 7.00 pm



SPICE SPOONS

Enjoy an interactive experience that immerses you in Sri Lanka's unique culinary culture. Begin with a guided tour of a bustling fishing port to select your fresh catch before choosing your organic produce from the local market.

Pick from time honoured recipes and create traditional dishes in a cooking class with our Chef. Savour your creations for lunch and take home cooking accessories and recipes cards to recreate the fond memories back home.





Anantara Peace Haven Tangalle Resort
Goyambokka Estate, Tangalle, Sri Lanka

T +94 47 767 0700 F +94 47 224 4488 E tangalle@anantara.com

anantara.com

  @anantaratangalle